

Guide To Opal Jewelry: Meaning, History, Durability

The competition between diamond and opal rings is picking up in intensity with more and more modern women leaning towards each side. The iridescent aesthetic of these gorgeously crafted precious stone rings reminds us of dreamy holographic colors.

Most of us are instantly captivated by the array of tones that can be found in nature. However, the color-changing intensity of iridescence shimmying reigns supreme above all else. Ethical Opal wedding rings' structure causes light waves to combine with one another, offering us a galore of hues.

The History of Opal jewelry

Opal stones have been a favorite dating back to the Middle Ages. Throughout history, the name was highly associated with the Sanskrit word "upala" (precious stone) as well as the Greek word "opallios" (witnessing a change in color). These mesmerizing stones are created due to the trapped rainwater that evaporates in sedimentary rock layers, only to leave behind silica deposits. Precious opals are the result of these microscopic pieces of silica, hence, the "play-of-color" we get to experience.

Rumor has it that in Roman history, Caesars offered opal to their wives as a symbol of luck. It was seen as a precious and very powerful stone. Over the years, the stone continued to have the same romantic connotation to it and modern-day opal wedding rings symbolize fidelity and creativity. Even though absolutely stunning, opals are also very delicate. These shimmering, iridescent rings are known for their softness as well as their need for extra care.

Best ethically-sourced opal jewelry to shop right now



Our expertly handcrafted Carina ring will be a vivid reminder of the one-of-a-kind love you share. Adorned with the most charming and elegant opal stone, this piece is available in rose and yellow gold.



If you've always had a hard time choosing between diamonds and opals, Phoebe might be exactly the option you seek. Our minimalist 4 stone ring symbolizes your beautiful goddess energy just like the goddess of prophetic radiance, Phoebe.



Named after Juliet, which means "sacred to Jupiter" and the icon of star-crossed lovers, our 7 stone opal ring features 6 melee white sapphires and one 5mmx7mm Australian rainbow Opal with a flattering 6 prong setting. Just imagine the dreamy, ever-changing stone colors!